

The Doggie Meridian Chart

Run Meridians on both sides of your dog, even though one side may be indicated. Start and end with Central and Governing, and then proceed with the meridian at the time of day in which you are at. Always remember a little kiss on the nose at the end.

Central

Trace up from the pubic bone,
Come up the central part of the
body, under head to the bottom lip

Governing

Begin at the Tailbone, up the back,
trace up over head, all the way
to the top lip.

Stomach

(7-9 am)

Starts underneath under the eyes,
Drops to the jawbone, Circles up
outside of face to top of skull.
Comes down through the eyes to the
breastbone, straight down the front of the
body, under tummy, down the hind legs,
coming off the tip of the second toe

Spleen

(9-11 am)

Starts at outside of first toe, Goes straight up
the inside of the legs, flaring out at the hips,
up the side of the ribcage and back about
three ribs.

Heart

(11 am-1 pm)

Start where front arm joins body, trace straight
down inside the front of leg and off the 4th toe.

Sm. Intestine

(1-3pm)

Start at front legs at outside of 4th toe,
Continue straight up back of leg to
Area in back of chest, drop back slightly, still
continuing up, and go over to the cheekbone,
runs up to the eye and back to the opening of the ear.

Bladder

(3-5 pm)

Starts in between the eyebrows, and goes up over the
crown of the head, down neck to either side
of the spine to below the hips and then in and around
the rump. Leave the meridian there, and come up
onto the withers, go straight down to the back of
the hind legs, and down to the outside of the 4th toe

Kidney

(5-7 pm)

Start underneath the sole of the paw, where indicated,
circles behind the inside of the ankle bone, inside the
hind leg. Go underneath the belly, in between the front
legs, and go straight up to K27 (above breast bones,
at base of neck) and massage it.

K27 location= find breastbone and just above it,
Diagonally out, Is as slight indication on both sides.
These two points will give your dog more energy.

Circulation Sex

(7-9pm)

Starts at outside of breastbone,
Make a slight horseshoe and
down the inside of the foreleg and
off the 3^d toe

Triple Warmer

(9-11 pm)

Starts at outside of 4th toe
trace straight up to the foreleg to neck and
beneath the ears. Follow the ears around
and circle behind and end at the temples.

Gall Bladder

(11pm-1am)

Start at the outer corner of eyes and
back to the front of the ear, circle forward
and make a forward loop, then go up and
around between the ears and forward again
over the crown of the skull. Go back through
between the ears, down the top of the neck,
down and under the ribcage, up to the hips
and straight down the outside of hind legs
and off the 4th toe

Liver

(1-3 am)

Starts at the inside of the paw of back leg at tip of
Dew claw. trace up the inside of the legs, flaring
out at the hips and up the inside of the ribcage and
up slightly ends at lower chest area.

Lung

(3-5 am)

Begin at the lungs, go up a few inches and down
inside the forelegs and off the dew claw, on front toe

Large Intestine

(5-7 am)

Starts at the front legs at tip of first toe,
trace inside half way and then up the front of the legs
straight up the neck to beneath the nose and out to
the flare of the nose, like a 'doggie mustache'.

"The Greatest pleasure of a Dog is that you can make a fool of yourself with him and not only will he not scold you, but he will make a fool of himself too." ~Samuel Butler