

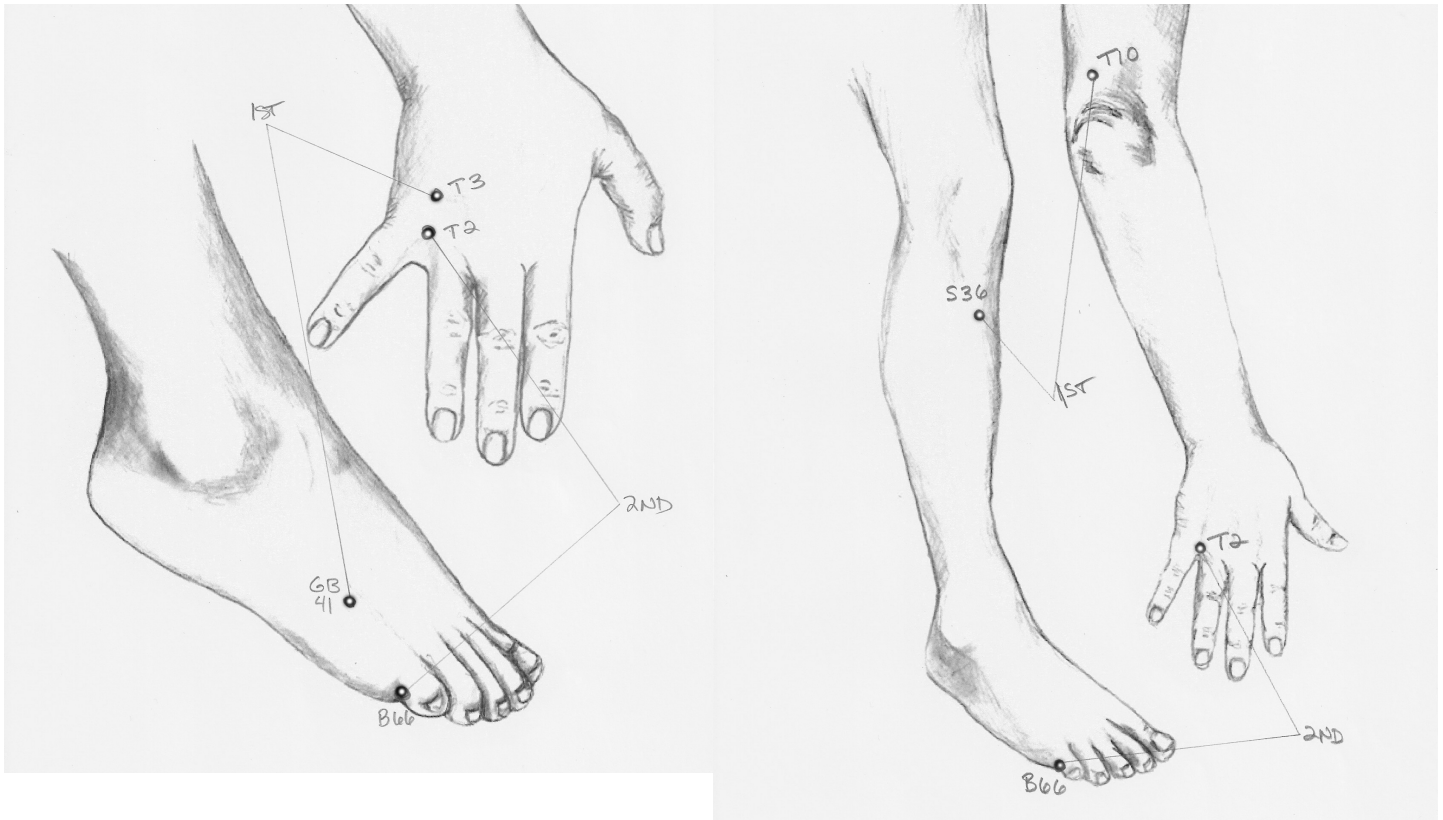
TRIPLE WARMER MERIDIAN

Strengthening Points

Restore Meridian by
Adding Energy

Sedating Points

Restore Meridian by
Releasing Excess Energy



Illustrations by Cindy Cohn

Source: Donna Eden's *Energy Medicine* (rev. ed.). Tarcher/Penguin, 2008.

www.LearnEnergyMedicine.com